

Travel report BIP/short-term mobility

GENERAL INFORMATION

What was your stay abroad like?

I agree to the publication of the report and attached photos.
There are no third parties rights to these photos.

Yes

Course/BIP title A guideline for an impactful research career

Academic year 2025/2026

Start semester Herbst/Fall 2025/26

Study program at EUF PhD/Promotion

Host country Spain

Partner university Universidade da Coruna

Was your stay part of a Blended Intensive Programme (BIP)?

Yes

Have you participated in a course organized or co-organized by EUF lecturers?

Other stay in which several EUF students participated

When deciding to participate in the BIP/short-term mobility, how important was it to you that other EUF students participated in the same course?

It was important to me that we participated as a group from Flensburg University, a sign that the university is on the global map and is contributing something of value in the academic circles.

Will the course be recognized for your studies at EUF?

Yes

When deciding to participate in the BIP/short-term mobility, how important was it for you that the course is recognized at EUF?

It shows that the European University of Flensburg is not just a mere academic institution but it has also a role to play in the European Union and the European University Alliance

YOUR PERSONAL EXPERIENCE

How did you prepare for the semester abroad? What should be organized in advance?

I filled, signed and submitted the Erasmus-Grant Agreement form. In addition, I filled, signed and submitted the Erasmus-Learning Agreement form which was also signed by my supervisor and the coordinator of the programme from Universidade da Coruna. I also submitted my matriculation for the fall semester 2025/2026. I attended an online workshop on 11 September, providing the basis and foundation upon which the course which commenced on 15 September and ended on 19 September was built.

Do you have any recommendations for a sustainable stay abroad (inbound/outbound journey, projects, initiatives, everyday life)?

Programmes like these should be inclusive of all disciplines. Excursions should accommodate other disciplines.

How satisfied were you with the host university (facilities, staff etc.) and the course you participated in (workload etc.)?	They were well organised and everything was in line with the programme.
Would you have liked to stay longer at the partner university? If so, what would you have liked to study or do there?	Yes to have enough time to meet many people and learn their culture.
Did you learn the local language? How important was the language for your stay?	I tried but it was not that easy considering that the time was too short.
What intercultural experiences/skills have marked your stay?	The ability to be tolerant to other cultures, knowing that cultures are relative.
Which perspectives on your host country/home country have changed – and why?	Positive attitude towards other people regardless of where they come from.
How did you manage financially? How much did you spend on travel, accommodation, living expenses, leisure activities, other expenses (books etc.)?	The grant I received from Erasmus catered for everything so I did not have any problem.
You have been abroad as a student at Europa-Universität Flensburg, and you have received an Erasmus+ scholarship from the European Union. How did your stay abroad change your view of Europe? Which new insights into European values did you gain during your stay?	Europe is united and programmes like this one should be cherished by other universities around the world.
What was your best/worst experience? Is there anything else you would like to share?	I had a headache and it disturbed me a bit though it did not totally destroy my focus.
In conclusion: Would you recommend studying abroad (short-term or semester) at your – or another – EUF partner university? For what reasons?	I recommend studying abroad because programmes like these ones have the capacity to bring people together from different parts of the world.

PHOTOS

In this section, you may upload some photos that represent your stay abroad. When selecting the photos, please bear in mind that the pictures will be visible online if you have given us the permission to publish your report.

Photo (1) file_68ef9fc7478d7-lmmt_1.jpg

Photo (2) file_68ef9fd4cabf0-lmmt_2.jpg

Photo (3) file_68ef9fdf058d8-lmmt_3.jpg

Photo (4) file_68ef9fec81899-lmmt_5.jpg

Photo (5) file_68ef9ff8d3488-lmmt_6.jpg

Photo (6) file_68efa02456ad7-lmmt_1.jpg

Here you can enter descriptions/explantions for the photos It was after the closing ceremony on 19 September when we were given certificates.