

**Please only upload the completed declaration to the online portal,
if at least one of the criteria applies to you.**

Your details will automatically be taken into account when calculating your Erasmus+ funding.

Declaration of honor within the framework of an Erasmus+ funding

I, _____ (first name and surname), born on _____
(dd.mm.yyyy) in _____ (city), hereby confirm that I will spend a stay
abroad at _____ (university/institution)
in _____ (country) in _____ (semester, year)
and am eligible to apply for the following grant(s) in the Erasmus+ program:

Green Travel, travel days and top-ups (please tick)	Top-up
<i>Green Travel:</i> I will mainly travel by: <input type="checkbox"/> train; <input type="checkbox"/> carpooling; <input type="checkbox"/> bus; <input type="checkbox"/> bike; <input type="checkbox"/> on foot.	Increased travel allowance
Only for stays of 5-30 days : Number of travel days: _____ (max. 2; max. 6 for <i>Green Travel</i>) Explanation, if more than 2 travel days are necessary: _____ Estimated total costs for accommodation and arrival/departure: _____ €	Allowance per day according to the daily rate
Only for stays of 60 days or more : If more than 2 travel days are necessary for <i>Green Travel</i> : Number of travel days: 2+ _____ (max. 4) Explanation, if more than 2 travel days are necessary: _____	
<input type="checkbox"/> Top-up for first-generation academics *	For stays of 5-30 days : 1 x €100 (5-14 days) or 1 x €150 (15-30 days) For stays of 60 days or more : €250/month * If more than one category is applicable, the top-up can only be granted once.
<input type="checkbox"/> Top-up for working students *	
<input type="checkbox"/> Top-up for students with a child/children*	
<input type="checkbox"/> Top-up for students with disabilities (additional financial needs abroad or degree of disability of 20 or more)*	
<input type="checkbox"/> Top-up for students with chronic illness (additional financial needs abroad)*	

I have been informed about the conditions and criteria for *Green Travel* and the top-ups (see explanation on p. 2) and I am aware of the fact that I have to submit proofs concerning my details in case of random checks by the International Center of Europa-Universität Flensburg (if necessary the original copy). I agree to keep the relevant documents for 5 years.

Students with disabilities or chronic illnesses as well as students with a child/children can choose between additional financial support via top-up or application for reimbursement of the real costs if the eligibility criteria are met (see explanation on p. 2). Funding via top-up and application for real costs can be combined, provided that two different criteria for receiving the top-up amount and receiving a reimbursement of real costs are fulfilled.

I have provided all information to the best of my knowledge and acknowledge that in case of false statements I will have to repay the granted funds in part or in full to Europa-Universität Flensburg.

Date, signature

Explanation

1. Travel days, travel allowance and *Green Travel*

Students who use *Green Travel* must specify the main means of transportation used and can apply for up to 4 additional funded travel days. Travel days are funded at the respective daily rate (see [EUF Erasmus+ website](#)).

For *Green Travel*, the majority of the journey (more than 50% of the complete journey) must be made by one of these means of transport: Train, carpooling, bus, bicycle, on foot. Proof of *Green Travel* can be, for example, a train ticket, a carpooling confirmation (with signature) or photos taken during the bicycle trip. Note: The European Commission encourages the use of low-emission means of transport for journeys of less than 500 km.

All participants who travel in an environmentally friendly way will receive an increased travel allowance (see [EUF Erasmus+ website](#)).

2. Top-up for first-generation academics

Students whose parents have not completed an academic degree (university or university of applied sciences) can apply for this top-up. Declarations from parents must be submitted on request.

3. Top-up for working students

Students can apply for this top-up if they have been working regularly and for at least 12 months before their stay abroad with an average net income (employees or self-employed) of 450-850 euros per month, which they cannot continue during their stay abroad. Proof of income must be submitted on request.

4. Top-up for students with a child/children

Students who spend their stay abroad with their child(ren) can apply for this top-up. Even if several children are traveling abroad, the top-up will only be granted once. Proof such as a birth certificate or travel ticket must be submitted on request. The top-up can also be granted to couples, provided they go abroad with two children. Double funding of one child is excluded.

5. Top-up for students with disabilities or chronic illness

Students with a degree of disability (GdB) or a chronic illness (physical or mental) can apply for this top-up. In the case of chronic illnesses or a degree of disability below 20, a medical certificate must be submitted confirming that the treatment must be continued abroad and that this will result in additional financial requirements abroad (e.g. as the costs are not covered by health insurance as in Germany). The type of illness and the extent of the additional financial needs do not have to be noted or quantified.

Definition of chronic illness: "(...) a person is considered to be seriously chronically ill if they can provide evidence of at least one visit to the doctor per quarter for the same illness for at least one year and also meets one of the following criteria: either a need for care of care grade 3, 4 or 5 or a degree of disability or a reduction in earning capacity of at least 60%. In addition, anyone who requires continuous medical care without which, according to medical assessment, a life-threatening worsening of the illness, a reduction in life expectancy or a permanent impairment of the quality of life due to the health disorder caused by the illness is considered to be seriously chronically ill. Chronic diseases that require long-term treatment may include, for example, diabetes mellitus, asthma, chronic obstructive respiratory disease or coronary heart disease." (Source: <https://www.bundesgesundheitsministerium.de/service/begriffe-von-a-z/c/chronisch-krank-menschen>)

Application for reimbursement of real costs

Students with a recognized disability or chronic illness as well as students with child(ren) have the opportunity to apply for a grant of up to 15,000 euros per semester/30,000 euros per academic year to cover the actual additional costs of mobility abroad.

The application amount will be calculated according to personal needs and granted in addition to the regular Erasmus+ funding rate. Only additional costs that

- a. are not covered by national agencies (integration offices, health insurances, regional associations, social welfare offices, student unions)
- b. are proven to be incurred by the student as a result of the stay abroad. This includes, for example, preparatory visits, flight costs and accommodation costs for assistants traveling with the student or for barrier-free accommodation

can be taken into account. Given that the difference between the costs at home and abroad must be proven, the application process should be planned with sufficient time.