

# Fact Sheet Ghana

## *Ghana*

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<b>Location</b>	West Africa; bordered by Burkina Faso in the north, Togo in the east, the Atlantic Ocean in the south, and the Côte d'Ivoire (Ivory Coast) in the west.
<b>Size</b>	238,537 sq km
<b>Population</b>	27,000,000
<b>Capital</b>	Accra, approx. 4 million inhabitants in Greater Accra
<b>Official Language</b>	English, approx. 40 other languages and dialects
<b>Religions</b>	Christian, Muslim, Traditional
<b>Government</b>	Unitary presidential constitutional democracy, President John Dramani Mahama, Independence Day, 6 March
<b>Economy</b>	Gross Domestic Product (GDP) – 38.6 billion US-Dollars
<b>Time difference</b>	Central European Zone – 1 Hour
<b>Local currency</b>	Ghanaian Cedi (GHS = GH¢), the cedi is divided into 100 Ghanaian Pesewa (GP = Gp). Cedis can be exchanged at state-approved FOREX offices. Check current exchange rates on-site. Banknotes (bills): GHS (GH¢) 1, 2, 5, 10, 20, 50; coins: GHS (GH¢) 1; and GP (Gp) 1, 5, 10, 20, 50.

## *Travel information*

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<b>Arrival (EU)</b>	<ul style="list-style-type: none"><li>• European airlines with regular flights to Accra: Lufthansa, TAP Portugal, KLM, British Airways, Air France</li><li>• <i>Kotoka International Airport Accra (ACC)</i> is located 10 km north of the city. Transfer to accommodation in Accra and other parts of the country should be ordered in advance, since flights from Europe usually arrive late in the evening.</li></ul>
<b>Bus</b>	<ul style="list-style-type: none"><li>• Intercity STC: Bus services between all major cities in Ghana (<a href="http://stc.oyawego.com/">http://stc.oyawego.com/</a>) – a very reasonable way to travel (only) during the day</li><li>• TCV: Bus services between all neighboring countries of Ghana (<a href="http://tcv-sa.com/bus.htm">http://tcv-sa.com/bus.htm</a>)</li></ul>

<b>Train</b>	Ghana Railway Company connects Ghana cities by three train services: Western Division, Eastern Division, Central Division ( <a href="http://www.fahrplancenter.com/Ghana_Railways_Intro.html">http://www.fahrplancenter.com/Ghana_Railways_Intro.html</a> )
<b>Car</b>	Road damages are to be expected. The risk of road accidents is very high. Driving at night should be avoided.
<b>Taxi</b>	In the cities, both shared taxis and taxis for sole use are available. Since there is no taximeter, it is strongly recommended to negotiate the fare in advance. Especially when taking a taxi from the airport, drivers might try to take advantage of visitors. Keep enough change ready in small notes. Street names are hardly known by the public, try to use well-known buildings for orientation.
<b>Rental Car</b>	Typically available in hotels. Taxis can also be hired per hour and per day (approx. 100 US\$ per day). Clarify first whether fuel is included.
<b>Travel documents</b>	Apply for a visa at the Ghanaian Embassy, passport – documents must be valid for another 6 months after conclusion of the travel.
<b>Power supply</b>	Voltage and frequency in Ghana are the same as in Germany, but a (three-pole) socket adapter is necessary. At times, power blackouts are to be expected (for major technical equipment, it is advisable to carry along spare batteries / accumulators).
<b>Telephone/ Internet</b>	European mobile phone networks are not available in Ghana, a local (prepaid) SIM card is necessary. It can be purchased at a reasonable price, e.g., at the airport, usually including a data volume as well. Many hotels and guesthouses provide free Wireless-LAN.
<b>Import</b>	For private use, 2 liters of wine, 1 liter of liquor, 200 cigarettes or 250 gram of tobacco, 250 ml eau de toilette, and 60 ml perfume may be imported. Foreign currency may be imported in unlimited amounts.
<b>Export</b>	In case foreign currency is expected to be exported again, it has to be reported to the customs at entry. Ghanaian currency may be taken abroad only up to an amount of 5 GHS. Information on export licenses may be retrieved at the Customs, Excise and Preventive Service (CEPS).

## Winneba

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<b>Location</b>	Historic coastal town in Central Region, 60 km away from Accra
<b>Population</b>	45,000
<b>Culture</b>	The name “Winneba” is derived from „windy bay“. The Akan name of the town is Simpa. The inhabitants are also called Simpafo and mainly belong to the Akan people Effutu.
<b>Economy</b>	Main branches of production are fishing, pottery, and chicken farming.
<b>University</b>	The University of Education in Winneba (UEW) has originally specialized in teacher education. Today it offers a wide range of study programs, including, e.g., technical studies and administrative programs as well. The campus is divided into four locations, of which Winneba is the main campus. The university has 202 employees and approx. 50,000 students.
<b>Hotels</b>	<p>There are accommodations available in various price ranges and comfort classes, for example:</p> <ul style="list-style-type: none"><li>• <i>Lagoon Lodge Winneba</i> – 4 km from the university <a href="https://www.facebook.com/Lagoon-Lodge-Ghana-119423734772346/">https://www.facebook.com/Lagoon-Lodge-Ghana-119423734772346/</a></li><li>• <i>Windy Lodge Hotel</i> – 1.1 km from the university <a href="https://www.facebook.com/windylodgehotel/">https://www.facebook.com/windylodgehotel/</a></li><li>• <i>Winneba Rest house</i> – 800 m from the university <a href="https://www.facebook.com/Manuels-Guesthouse-1389352674680077/">https://www.facebook.com/Manuels-Guesthouse-1389352674680077/</a></li></ul>
<b>Restaurants</b>	<p>There are eating places in various price ranges. Some hotels have their own restaurant. For lunch, the low-priced University Mensa is also suitable.</p> <p>Some examples are:</p> <ul style="list-style-type: none"><li>• <i>Summeryard Vegetarian Cafe</i> is a vegetarian and vegan terrace restaurant. <a href="https://www.facebook.com/Summeryard-Vegetarian-Cafe-Ghana-248279881992999/">https://www.facebook.com/Summeryard-Vegetarian-Cafe-Ghana-248279881992999/</a></li><li>• <i>Run-Off Restaurant and Bar</i> <a href="https://www.facebook.com/Run-Off-535911543087703/">https://www.facebook.com/Run-Off-535911543087703/</a></li></ul>

## Health information

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<b>Vaccination</b>	<p><b>Mandatory:</b> yellow fever vaccination <b>Recommended:</b> tetanus, diphtheria, pertussis, polio, measles, mumps, rubella, influenza, hepatitis A, meningitis, typhus</p> <p>It is imperative to consult an institute of tropical medicine for medical travel advice.</p>
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<b>Malaria</b>	Ghana is part of an all-season malaria area. Consequently, exposure prophylaxis is strongly recommended, as well as additional chemoprophylaxis. In addition, body-covering clothing, insect repellents and mosquito nets are suggested.
<b>Diarrheal diseases</b>	Prevention through drinking water hygiene and food hygiene. Do not drink tap water and be careful with fresh foods.
<b>Medical supplies</b>	Medical care in Accra is satisfactory. The regional physician of the Federal Foreign Office is located in the city. We recommend bringing your own medication for the medicine cabinet. An additional overseas health insurance with reliable travel insurance is important.

### *Safety instructions*

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<b>Crime rate</b>	The usual safety recommendations apply. Particular caution should be exercised at the airport of Kotoka, in the business district of Osu, and in affluent residential areas. Possible dangers increase in the dark (often no street lighting).
<b>Credit card</b>	Credit cards are accepted only in big hotels or restaurants. With a Visa card, cash can be withdrawn at certain ATMs, for example at the Stanbic Bank or the GT-Bank. The usual safety precautions apply. Recommended are bank branches with restricted access, protected by security guards.

### *The weather in March*

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<b>Temperature</b>	Daytime temperature of 32 degrees Celsius, night temperature of 28 degrees Celsius
<b>Water temperature</b>	28 degrees Celsius
<b>Sun</b>	7 hours per day
<b>Rain</b>	On average, 4 mm per day
<b>Humidity</b>	80%

### *Ghana at present*

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For current information about Ghana, visit the following web sites.

<http://www.allghananews.com/>

<http://www.ghanaweb.com/GhanaHomePage/NewsArchive/>